



Catholic Children's Society
Shrewsbury Diocese



Fundraising Pack

2010

At Catholic Children's Society, we really appreciate your support, however you choose to help us. Your school may already have a plan for your Lent fundraising but here are some ideas that you may want to consider and the reasons why your support is so critical.

Every child matters

Catholic Children's Society mission is:

**In the spirit of the Gospel,
we work with children and families
to build stronger and supportive communities
where there is current disadvantage.**

What we do to support children and families

- **Grief education** - for children who are affected by loss and grief through divorce, separation, death and dying or family breakdown
- **Family support services** - helping families and children affected by issues such as domestic violence, alcohol or drug misuse
- **Parenting support** - that creates positive parenting that has a profound and positive impact on children helping them to reach their full potential
- **Post Adoption services** - for those tracing their origins and accessing adoption information

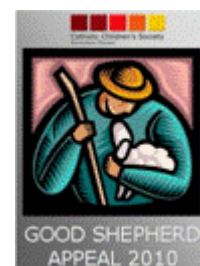
Your continued fundraising is critical to the Society.

In 2010, we hope to raise £50,000 from the Good Shepherd Appeal.

Every penny counts.



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CASE STUDY 1 for Primary School Students

Philip's Story

Philip is 8 years old and lives with his Mum. His Dad died last year and Mum is very sad. She cries at night. Philip can hear her.

Philip's Mum asked his school to help him understand what happened and why Mum was so sad.

The school worked with Catholic Children's Society to help both Mum and Philip.



One of our team worked with Mum at home, sharing ideas with her about how to make sense of the loss of Dad. We also sorted out some support around Mum's benefits and housing issues.

In school, Philip joined our *Seasons* programme where he met with other children who had experienced difficult issues. Together, the children made sense of these difficult times and learned how to help each other.

We did not take away their sadness for Philip and his Mum. We just helped them to make sense of it.

Philip now plays in the school band and Mum helps out with other children who have experienced loss.

"My Dad won't be back
but now I can make sense of it in my head."

Child accessing *Seasons* 2007



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CASE STUDY 2 for Secondary School Students

Fraser's Story



Fraser is 14 and has moderate learning disabilities. His Mum is finding it hard to cope now that he is getting older. She went to the doctor who suggested she might take one of our leaflets about a Family Group we were running in Wythenshawe.

When Mum contacted us, she felt isolated and alone.

We wanted to encourage Mum to join a family group where she had the opportunity to meet other families who were going through the same experiences she was. She was very reluctant and shy. We put in a home visitor, a trained worker who could sensitively work alongside Mum at home to build her confidence.

Through this gentle encouragement and support, Fraser's Mum eventually agreed to come along to the group. She has now been able to share her experiences of supporting Fraser with other Mums and Dads. She has been a tremendous help to the other parents. They often ask her about other services in the area and, together, the group members have asked for support and advice from these.

And what about Fraser? Because Mum is getting the help she needs, Fraser feels like he has got his Mum back. The support network that we have built around the family means that Fraser is safe, loved and protected.

Fraser has been introduced to a load of new mates through his Mum's group. That's made a big difference to him!

What kind of event is right for your school?

Here are some ideas of popular activities that might interest you and your friends.



Children's events

- Sponsored walk, cycle, run
- Wearing silly socks
- "Adopt a word" campaign- sponsor a word for lent- we will provide "adoption forms"
- Dress down day
- Concerts
- Jumble/homemade good sales
- Promises Auction
- Juice Bar
- Raffles & tombolas
- Talent or variety show
- Quiz
- Disco night
- X- factor contest
- Sports day
- Teddy bears picnic
- Maths competition
- Guess the number of sweets in a jar
- Tuck shop
- Grow your own flowers from seeds to sell
- Make a snake - organise a money snake! Mark out a long wiggly line 30 metres long, donate coins to complete the money snake
- Games competition- computers, hook a duck, coconut shy
- Collecting box houses in school or to take home (which we can provide)
- Funky Hair Day!



THIS IS HOW YOUR MONEY HELPED

Supporters like to know where their money goes and how they have helped.

GRIEF EDUCATION

- We supported 400 children who had suffered loss through bereavement or family breakdown.
- We trained 45 people to deliver the course to ensure that we can reach out to more children.

FAMILY SUPPORT

- Northern Moor- we worked with 72 children and their families.
- Wirral- we worked with 365 children and 180 families through a number of services, family support, home visiting, and parenting support.
- Halton- we supported 157 children through the project- "your space" - here we provide a listening service for children and young people. In the PACT partnership we supported a number of families with children at risk of neglect using intensive family support packages.

POST ADOPTION

- We assisted 44 adoptees to access information about their adoption or with our Intermediary Service to locate birth parents.
- We assisted 4 birth families locate children they placed for adoption and dealt with a number of enquiries relating to adoption.
- We facilitated 3 face to face re-unions and 6 re-unions via letter box contact.

How you can help

£10.00- provides arts and craft materials for a play project for children in our family groups.

£250.00- trains one volunteer to be a companion on our grief and loss programme.

£600.00- is the weekly cost to provide a family support worker.

£2300.00- is the monthly cost to provide a bereavement worker to support children and young people when faced with death or dying.



After Lent

Once you have completed your event and celebrated your amazing achievements then please send us the money you have raised-

**Catholic Children's Society (Shrewsbury Diocese),
St Aidan's Centre,
230A Wythenshawe Road,
Northern Moor,
Manchester
M23 0PH**

Tell us all about it!

We want to hear about your event and would love to see photographs of what went on! If you don't mind then we would like to publicise your success on our website and in our newsletters.

You can call us on **0161 998 8802** or e-mail anne.dawson@cathchildsoc.org.uk

Visit us online @

www.cathchildsoc.org.uk

A final thank you

We know that schools have lots of good causes asking for help so we are very grateful to all the schools that support us in our diocese. We could not provide the services that we do without your continuing help.

GED FLYNN
Director
0161 998 8802



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